MUSSOL
masies catalanes

# ALLERGENS

T: Contains or may contain traces of allergens

| | WITH GLUTEN | CRUSTACEANS | EGGS | FISH | PEANUTS | SOY | DAIRY | NUTS | CELERY | MUSTARD | SESAME | SULPHITES | TRAMUS | MOLLUSCS |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **HAVE SNACK** | | | | | | | | | | | | | | |
| Stuffed olives | | | | | | | | | | | | | | |
| Mussol´s olives | | | | | | | | | | | | | | |
| Acorn-fed Iberian ham croquettes | | T | | T | T | T | | T | T | T | | T | | T |
| Acorn-fed Iberian ham | | | | | | | | | | | | | | |
| Toast with acorn-fed Iberian ham | | | | | | | | | | | | | | |
| Spicy potatoes | T | T | | T | T | T | T | T | | T | | T | | T |
| Codfish fritters with "allioli"... | | T | | T | T | T | T | T | T | T | | | T | T |
| Hummus with vegetables... | | T | T | T | T | T | T | T | T | | | | | T |
| Aubergine with cane molasses... | | | | | | | | | | | | | | |
| **"RECAPTE" COCAS** | | | | | | | | | | | | | | |
| Smoked salmon, fresh cheese... | | | T | | T | | | T | | | | | | |
| Acorn-fed Iberian ham with... | | | T | | T | | | T | | | | | | |
| Spinach, goat cheese, dry tomatoes... | | | T | | T | | | | T | | | | | |
| Escalivada with hummus... | | T | T | T | T | T | T | T | T | T | | | | T |
| **SALADS** | | | | | | | | | | | | | | |
| Mussol: lettuce, endive, palm hearts... | | T | | T | T | T | T | T | T | | | | | T |
| Seasonal tomatoes with tunan... | | | | | | | | | | | | | | |
| Spinach with Berguedà goat cheese... | | T | T | | T | T | | | T | | T | | | T |
| Prawns with avocado and diced... | | | | | T | T | T | | T | T | T | | | T |
| Burrata with watermelon, melon... | | T | | T | T | T | | | | T | T | | | T |
| **STARTERS** | | | | | | | | | | | | | | |
| Mountain rice with botifarra sausage... | T | T | | T | T | T | T | | | T | | | | T |
| Mussol's fried eggs with acorn-fed... | T | | | | | | | | | | | | | |
| Mushrooms stuffed with baked... | | | | | T | | | | | | | | | |
| La Masía baked vegetables with pepper... | | | | | | | | | | | | | | |
| Penne pasta, with a mixed meat... | | T | | T | T | | | T | | | | | | T |
| Homemade cannelloni | | T | | T | T | | | T | T | | | | | T |
| Rice with vegetables, mushrooms... | T | T | T | T | T | T | T | | | | T | | | T |
| Mussol's escargots with salt and pepper | | | | | | | | | | | | | | |
| **CHARCOAL-GRILLED VEGETABLES** | | | | | | | | | | | | | | |
| Charcoal-grilled courgette with dried... | | | | | T | | | T | | | | | | |
| Charcoal-grilled aubergines with... | T | T | | T | T | T | | | T | T | | | | T |
| Charcoal-grilled green asparagus... | | T | T | T | T | T | T | | | | T | | | T |
| Selection of charcoal-grilled vegetables... | | | | | T | | | T | | | | | | |
| **FISH** | | | | | | | | | | | | | | |
| Charcoal-grilled tuna filet with avocado... | | | | | | | | | | | | | | |
| Charcoal-grilled cod with sautéed... | | | | | T | | | T | | | | | | |
| Charcoal-grilled octopus with potatoes... | | | | | | | | | | | | | | |
| "Llauna" style cod with... | | T | T | | T | T | T | T | T | T | | | | T |
| **MEAT** | | | | | | | | | | | | | | |
| Charcoal-grilled free range chicken | T | T | T | T | T | T | T | T | | | | | | T |
| Charcoal-grilled Montseny botifarra | T | T | | T | T | T | T | T | T | T | | | | T |
| Mussol's meatballs with mushrooms | | T | | T | T | T | | | | | | | | T |
| Charcoal-grilled veal scaloppini with... | T | | | | T | | | | T | | | | | |
| Charcoal-grilled duck magret | T | T | T | T | T | | | T | | | | | | T |
| Artisan beef hamburger | | T | | T | T | T | | | T | | T | | | T |
| Charcoal-grilled beef medallions | T | | | | | T | | | T | | | | | |
| Charcoal-grilled Girona veal entrecote | T | T | T | T | T | T | | T | | | | | | T |
| Charcoal-grilled Iberian pork | | T | T | | T | | T | | | | T | | T | T |
| Charcoal–grilled Ripollès lamb | T | T | | T | T | T | T | T | | | | | | T |
| Charcoal-grilled beef steak | | T | | | T | | | | T | | | | | |
| Rib-eye Steack (800g) | T | | | | | | | | | T | | | | |
| Charcoal grilled pig trotters with... | T | T | T | T | T | T | T | T | T | | | | | T |
| Mussol's veggie burger | | T | | T | T | | T | | | | T | | | T |
| **COCA BREAD** | | | | | | | | | | | | | | |
| Coca bread with tomato | | | | | | | | | | | T | | | |
| Toasted bread | | | | | | | | | | | T | | | |
| **DESSERTS** | | | | | | | | | | | | | | |
| Chocolate coulant cake with... | | T | | T | T | | | T | T | | | T | | T |
| Homemade vanilla ice cream... | | T | | T | T | | | | T | | | T | | T |
| Homemade truffles from Mussol | T | | T | | T | | | T | | | | | | |
| Sandro Desii's lemon sorbet | | | | | | | | | | | | | | |
| Creme brulee with biscotti | | T | | T | T | | | | T | | | T | | T |
| Cream and hot chocolate profiteroles... | | T | | T | T | | | T | T | | | T | | T |
| Handmade apple pie with... | | T | | | T | | | | T | | | | T | |
| Cheesecake with blueberries... | | T | | | T | | | T | T | | | | | |
| Fresh-squeezed orange juice | | | | | | | | | | | | | | |
| Fiesta Mayor "Orelletes" biscuits | | T | | | T | | | | T | | | | T | |

**This statement is for ingredients. Everything and apply good hygiene practices in our kitchen, Due to possible cross contamination we cannot guarantee the absence of traces of allergens.**